

Southeast Ventura County YMCA

Strong Kids Campaign

Our goal of \$80,000 will provide financial assistance and program subsidy to less fortunate kids, families, and seniors in our community who need YMCA services.

Last year, more than 650 volunteers provided 14,000 hours of service allowing the Southeast Ventura County YMCA to serve approximately 28,670 individuals.

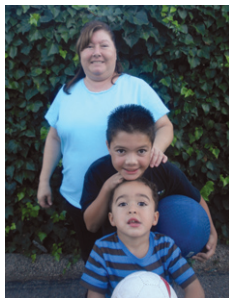
The YMCA is the largest provider of child care in the USA. The Southeast Ventura County YMCA cares for 750 children daily through our 19 school age child care sites and two preschool centers.

During 2009 summer camp, over 400 children participated daily in YMCA camps for 10 weeks. At YMCA camps, children enjoy camp fun, participate in educational and creative programs, and make friends.

Last year, 2,720 kids and adults in our communities benefited from Strong Kids Campaign donations. This year the Strong Kids Campaign will provide more than \$262,400 of financial assistance and over \$583,000 in subsidizing YMCA programs such as camps, preschool, youth sports, teens, families, and health & well-being.

"The Y helped my son"

"I am a single mom and needed financial assistance so that my son, Joseph, could go to summer camp. He would have been very bored watching TV at home. Instead he had a great summer doing rock wall climbing, swimming, arts and crafts, and going on field trips. He had the opportunity to learn new skills, use his imagination, and explore the outdoors. Joseph has Attention Deficit Hyperactivity Disorder (ADHD) and a lot of energy. He needs to be active and the YMCA's summer camp was a great environment for him. He was so active that the soles of his tennis shoes were completely worn out by the end of summer. He also made strides socially and was more comfortable starting school because he knew kids from summer camp. He just started at the new MATES after-school childcare program and really enjoys the computers and pool table."



Jamie Greenberg – YMCA Summer Camp Program



Southeast Ventura County YMCA

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Thousand Oaks, CA 91360

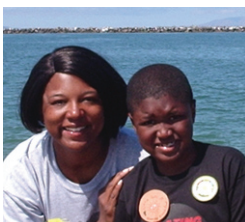
805-497-3081 www.sevymca.org

The YMCA is a 501(c)(3) public charity.
Donate online at www.sevymca.org

Federal ID# 95-2305501

“The Y helped with friends and confidence”

“I moved across the country by myself and have no family here. As a single mom, I could not afford the after-school childcare program. Thankfully, the YMCA was able to provide financial assistance so that my 8 year-old son could participate. He has some emotional and academic issues and was previously in a special needs program. The YMCA child care staff has been very helpful with his special needs. I love that the staff help him with homework because I work and go to school and there are not enough hours in the day. My son has made new friends and this has increased his self-confidence. We also participate in Simi Valley YMCA’s Adventure Guides and the various outings have enriched our lives. We really enjoy going camping a few times a year. We have both made new friends and the program has helped me as much as my son socially. We’re going to be trying more programs this year.”



Jessica Croley – YMCA Child Care Program & Adventure Guides

“The Y helped me grow and express myself”

“Youth & Government (Y&G) is a great opportunity to express yourself. I liked being able to voice my opinion without being judged. Everyone is very supportive of one another. When beginning Y&G, I was not very interested in government and voting but the program has sparked my interest. This past year has opened my eyes to debating issues and learning how bills are passed. Just 12 short months ago I was nervous about public speaking but the program prepared me to speak in front of a large group. It helped me and my fellow delegates to initially speak at our “Bill Hearing Night” in front of a smaller group of friends and family. The friendships and memories I have made with people in my own delegation and also throughout the state of California are ones that will last a lifetime.”



Allie Mangel - YMCA Youth & Government Program

“The Y saved my life”

“I had invasive surgery where the doctors removed blood clots from my pulmonary arteries. I had less than a 40 percent chance of survival. The doctors told me that oxygen was going to be my best medicine and exercise my best friend. I started at another health club but was not getting the results I wanted so I switched to the Miller Family YMCA. I’ve been there two years and am impressed with the caring staff. They are very supportive and provide continuous feedback on my progress. I also like that my workouts are tracked and measured through Fitlinxx. I started off in a wheelchair, progressed to a walker, then a cane and now I don’t use anything. The YMCA has not only added years to my life but enhanced the quality of my life.”



Jim Wesely – YMCA Health & Wellness